

Phoenix Mountain Racers

Coach Code of Conduct

As a Phoenix Mountain Ski Club Coach, I agree to:

1. At all times, recall that I am a role model to those around me, and that athletes, parents and my colleagues need a coach that they admire and respect.
2. Demonstrate and model club values to the athletes each training or racing day with 100% commitment to the PMR program including preparation and planning, team support, and positive energy.
3. Ensure personal and athlete safety. This includes decision making related to training such as weather conditions, athlete equipment and athlete re-entry post injury. I understand that if I feel that an athlete is at risk due to equipment, weather, or health conditions, I have the right to keep the athlete off the slopes until the situation has been addressed.
4. Invest in each athlete. I will provide clear, specific and individual feedback to help each athlete understand where they are improving, and what they need to work on next. I will help athletes to set both short and long-term goals throughout the season.
5. Plan for sequential skill building through weekly and seasonal plans.
6. Communicate regularly with parents and athletes about training plans, required equipment and areas of focus for each session.
7. Represent our team, athletes and supporters in a positive light at all times.
8. Facilitate and promote team spirit by integrating diverse groups of athletes.
9. Participate in ongoing professional coaching development. Knowledgeable and inspired coaches will help to keep our athletes passionate about the sport.
10. Provide alternative arrangements for athletes if I am unable to coach. My decisions will be made based on each individual situation.
11. Maintain a "Rule of Two" protocol to ensure all coach-athlete interactions and communications are open, observable, and justifiable. Exceptions may be required in emergency or safety related situations.
12. Refrain from smoking, consuming alcohol or using non-medicinal drugs while coaching. I understand that intoxication at team-related social events, or when responsible for athletes at training camps or races, is unacceptable.
13. Integrate the Athletes and Parent/Guardian Code of Conduct agreements into my coaching and teaching.
14. Support the team's zero tolerance approach to any behavior that may constitute bullying or harassment by or towards athletes, parents, coaches, volunteers or others.